



# ST. ANTHONY OF PADUA CATHOLIC CHURCH

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## The 4th Sunday in Ordinary Time

*February 1, 2026*



*February 1 - 4<sup>th</sup> Sunday in Ordinary Time*

*“Blessed are the poor in spirit, for theirs is the kingdom of heaven.” Matthew 5:3*

The phrase “poor in spirit” can be confusing. Think of it in this sense – poor in spirit means depending on God’s providence and not depending on our own self-reliance. Being detached from earthly things (power, money, and comfort) and being attached to heavenly things (charity, sacrifice, and mercy). Denying ourselves from satisfying our desires and helping others obtain their basic needs.

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### LAST SUNDAY’S COLLECTIONS

Envelopes	1705.00
Loose	383.00
Other	
<b>TOTAL</b>	<b>2088.00</b>

### PRAYER REQUESTS

***Please pray for those who are ill, or housebound, in our Parish Family:***

Barry Bembridge, Baby Anthony Vu, Joanna Black, Stella Hildebrandt, Clayton Jimmie, Metro Huculak, Marguerite Rocheleau, Leo Vantol

***Please pray for the most recently deceased:*** Rudy Leon, Kendra Julien, Anieta Kienzle

### Mission Statement

We, the Catholic community of St. Anthony of Padua, relying on the wisdom and grace of God, unite ourselves to the call for renewal and transformation of our spiritual, social, and economic life.

SAT	January 31	5 pm	+Joseph & Rosemary Fischer
SUN	February 1	10:30 AM	+Clyne, Claire, Cristine Ridgers
		1:00 PM	+Melvin Joseph Sarthou
MON	February 2	9 AM	+Josephine Waren
TUE	February 3	7 pm	+Callie Blackmore
WED	February 4	9 AM	Canceled
THU	February 5	9 AM	+Fred Neilson
FRI	February 6	9 AM	+Danilo Juan
SAT	February 7	5 pm	+Marie Plouffe McCulloch

## THIS WEEK AT ST. ANTHONY'S

### PREP

Thursday at 3:30 pm

### RCIA

Thursday at 6 pm

### Monday: February 2

Presentation of the Lord & **Blessing of Candles** (Candlemas), celebrated on February 2, marks the moment when Mary and Joseph brought the infant Jesus to the Temple in Jerusalem, forty days after His birth, in accordance with Jewish law. There, Simeon and Anna recognized Him as the *light for revelation to the "nations"* (Luke 2:32).

Because of this imagery of light, the Church developed the tradition of the Blessing of Candles on this day — giving the feast its popular name, Candlemas. Candles symbolize Christ as the Light of the World, and the faithful often bring candles from home to be blessed for use throughout the

year, especially during prayer, storms, or times of illness.

**Please bring your candles for blessing prior to this date. Remember to include your name(s) so that you can pick them up after the blessing is concluded.**

### Tuesday: February 3

As Catholics, practices that others might find unusual are second nature to us—and sometimes even taken for granted. We venerate relics, pray with beads, process through the streets with floats, and turn to St Anthony when something is lost.

In the same way, we celebrate the 3 February feast of St Blaise with a unique and beautiful tradition—the **blessing of throats**.

St Blaise was a 3rd-century Armenian bishop known for his deep faith, fervent love for God and his people, and a reputation for working miracles even during his lifetime. His unwavering witness to Christianity made him a target of persecution by the Romans in Cappadocia, where he was living. When his arrest was ordered, St Blaise fled to the wilderness, continuing his mission in service to God despite the challenges he faced.

St Blaise is renowned for his miraculous healing powers, particularly concerning throat ailments. According to legend, a boy suffering from a fishbone lodged in his throat—or another severe throat malady—was brought to St Blaise as a last resort. The boy was on the brink of death, with no hope of recovery. Saint Blaise prayed over him, blessed him, and miraculously, the boy was healed. This established St Blaise as the patron saint for those afflicted with throat injuries and diseases. It is from this miraculous act of healing that the Catholic Church commemorates his feast day and has the blessing of throats on the Feast of St Blaise.

## Anointing of the Sick



There will be anointing of the Sick on the Weekend of February 7 and 8 at all Masses.

## Anniversary Vows Renewal

If you will be celebrating a milestone anniversary of your marriage this year (ie..5, 10, 15, 20, 25.....or even greater) Please contact Sister Olive as soon as possible.

You will be given an opportunity to renew our marriage vows during the Masses on the weekend of **February 15 at 10:30 am.**



### Unique Call of Women in the Church

Fiat Young Adult Catholic Women's Group

Join the Religious Sisters of the Archdiocese of Vancouver as we dive into the unique contributions of women saints in a four-part series. The next presentation focuses on St. Joan of Arc, with discussion, reflection, and a themed dessert to follow.

All Catholic women ages 18-35 discerning God's will in their lives are welcome! On Friday, January 23, 6:00 p.m. to 8:30 p.m. at the Franciscan Sisters of the Eucharist convent (2811 Venables St. Vancouver). Register at [beholdvancouver.org/events](https://beholdvancouver.org/events).

### National Catholic Health Care Week

From February 1 to 7, 2026 we mark National Catholic Health Care Week across Canada. Inspired by Catholic social teaching, this year's theme Open Hearts, Healing, Hope reflects the profound belief that healing is communal. We are grateful for our Catholic health ministries as partners in the healing ministry of Jesus, fostering trust, promoting justice and respecting the dignity of every human person—body, mind and soul. Pray with us during the Week with special daily reflections and prayers. Learn more and find resources at [beholdvancouver.org/events](https://beholdvancouver.org/events)

### Lent begins on February 18<sup>th</sup>!!!

Remember to bring your blessed palm branches from last year and previous years for burning. These will be burned and used on Ash Wednesday. There is a basket for you to place them in the Gathering Area of the church



## Next Sunday

Food Bank Sunday in our Parish







Our Parish will implement  
Eucharistic Adoration on the  
First Friday of each Month beginning  
February 6<sup>th</sup>.

Adoration will begin immediately following  
the conclusion of the First Friday, 9 am  
Mass in the Shrine at 10 am, and will  
conclude with Benediction at 3 pm.

*Are you willing to commit an hour to spend  
in adoration of our Lord once per month?*

There is a signup sheet in the Gathering  
Area of the church for you to indicate the  
time(s) that you are willing to commit to  
this.

*“Jesus, I love you and thank you for your most  
generous love. Thank you for sending your  
Spirit into my heart revealing to me that which  
I needed to hear. Thank you for the grace to  
come to you in prayer and for giving me the  
strength to do what is right and just. Amen.”*

“Nowhere on earth are we more welcomed or loved  
than by Jesus in Eucharist. When you look at the  
crucifix, you understand how much Jesus loved you.  
When you look at the Sacred Host you understand  
how much Jesus loves you now.”

“Jesus has made Himself the Bread of Life to give us  
life. Night and day, He is there. If you really want to  
grow in love, come back to the Eucharist, come back  
to that Adoration.”

## Knights of Columbus Parish Pancake Breakfast



**Sunday, February 15<sup>th</sup>  
after the  
10:30 am Mass**

Please come and enjoy homemade  
pancakes with all the fixin's!

**There will be a 50/50...so bring cash!**

**Price: \$10 per person or by donation  
6 & under are free!**


SCAN FOR TICKETS

YOU ARE INVITED TO THE  
ANNUAL CHILLIWACK PRO-LIFE  
FUNDRAISING DINNER

Friday, March 6, 2026

# CHERISH GALA

*Every life:*  
A MASTERPIECE



GUEST SPEAKER  
**Wendy Burpee**  
Executive Director of Genesis Women's Clinic in  
Pennsylvania

Wendy's powerful story of redemption reveals  
how God brought her out of domestic abuse,  
shame, and hopelessness—and gave her a  
passion for the unborn. Through her testimony,  
you'll witness both the devastating impact of  
abortion and the incredible mercy and healing  
power of God.

Doors open 6:30 pm  
Dinner begins 7:00 pm  
Main Street Church Auditorium  
9325 Main Street, Chilliwack